



## The Family Planning Association of Sri Lanka [FPASL] ReproSex 2024

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### International Conference on Sexual and Reproductive Health 2024

5<sup>th</sup> – 6<sup>th</sup> November, 2024

Colombo, Sri Lanka

#### LOGISTIC NOTES

We are looking forward to seeing you in Colombo! Please find below some important information for the conference and your visit.

#### MEETING VENUE

The Conference will be held at:

**Venue:** BMICH (Bandaranaike Memorial International Conference Hall)  
Buddhaloka Mawatha , Colombo 07

**Web:** <https://www.bmich.com>

**Tel:** [+94 0112 691131](tel:+940112691131) **Hotline:** [+94 0112 686181](tel:+940112686181)

**E-mail:** [info@bmich.com](mailto:info@bmich.com)

**Time:** **8.00 am – 5.00 pm** (Both days)

On the 1st day (November 5th), we will commence with the Opening Ceremony, followed by plenary sessions in the main hall and satellite sessions.

The 2nd day (November 6th) will feature additional plenary sessions as well as a cultural event.

For identification and security purposes, participants are kindly requested to wear their badges/wristbands at all times during the Conference. In the event of a lost badge, please report it to the Conference Secretariat Office so that a replacement can be issued promptly.

## BEFORE YOU ARRIVE

We manage all participant registrations through our online system. To facilitate our arrangements, we kindly encourage you to submit the required information via the online platform. Please use the following link: [www.fpasrilanka.org/en/reprosex-2024](http://www.fpasrilanka.org/en/reprosex-2024) or click [HERE](#) to register.

Please use this link to learn more about the Sri Lankan visa application process:  
[https://www.immigration.gov.lk/pages\\_e.php?id=14](https://www.immigration.gov.lk/pages_e.php?id=14)

## AIRPORT TRANSFER

The hotels provide airport pick-up and drop-off services. If you require this service, please contact the hotel's management directly. Additionally, you can utilize the below listed taxi services, which offer reliable, cost-effective, and secure transportation options.



### Pick Me

<https://www.pickme.lk/>

Call center - 1331 (Local Hotline)

TEL: +94 011 743 3433 (IDD - Outside Sri Lanka)

TEL: +94 011 743 3430 (Colombo AirPort Hotline)

### Uber

<https://www.uber.com/global/en/r/cities/colombo-western-lk/>



### Kangaroo Cabs

<https://kangarocabs.com/>

TEL: +94 0112 588 588



### New Airport Express

Mr. Manoj Senevirathne

TEL: +94 0722 33 66 99 / +94 0114 33 66 99

## **ACCOMMODATION**

There are numerous hotels available for selection online. In support of ReproSex 2024 delegates, we have curated a selection of accommodations in close proximity to the conference venue, BMICH (Bandaranaike Memorial International Conference Hall), Colombo 07. You can view the list of recommended hotels [HERE](#).

To book your accommodation, please contact the hotels directly. Should you require any assistance, feel free to contact us.

## **MEALS**

Morning tea, Lunch and evening tea will be provided during the conference on November 5th and 6th.

It's always safe and advised to drink sealed bottled water or filtered water available at the venue or other places in Colombo.

## **CHECK IN & CONFERENCE MATERIAL DELIVERY**

Upon arrival, please proceed to the Reception Area at the conference venue to collect your Conference Package. The Reception Area will be open from 8:00 AM to 17:00 PM on both days.

## **WEATHER**

Anticipate daytime temperatures reaching 30°C in the shade, with an average of 8 hours of sunshine per day in Sri Lanka during November.

## **SECURITY**

Sri Lanka is generally considered a safe destination for foreigners. However, it's important to remain cautious, especially in crowded areas, to prevent incidents of pickpocketing.

When leaving your hotel room, exercise standard safety measures, and refrain from visiting isolated locations alone, particularly at late night.

## **MISCELLANEOUS**

**Local time** – Sri Lanka time is 5 hours 30 minutes ahead of GMT.

### **Business Hours**

Government & Private offices are open Monday to Friday 8:00 am to 4:30 pm. General banking hours are Monday to Friday 9:00 am to 15:00 pm.

### **Money Exchange**

You can exchange money at currency exchange points within the airport premises. Additionally, we recommend using reputable banks in Sri Lanka, such as Bank of Ceylon, Peoples Bank, Sampath Bank, Commercial Bank, Seylan Bank, Nations Trust Bank, Standard Chartered Bank, and National Development Bank.

### **Tourist Attractions in Colombo**

Close to the Bandaranaike Memorial International Conference Hall (BMICH) in Sri Lanka, there are many interesting places to visit. Not far away is Diyawanna Lake, where you can enjoy beautiful views and go on boat rides. If you like history and culture, you can visit the National Museum of Colombo, which has lots of old artifacts from Sri Lanka's past. Viharamahadevi Park is also nearby, a nice green park where you can take a peaceful walk or have a picnic. Nearby, you can see Independence Square, which is an important part of Sri Lanka's history. In Colombo, the capital city, there are more exciting places to visit. You can see the amazing Gangaramaya Temple and the historic Colombo Fort, providing a glimpse into the past. Galle Face Green is another nice place where you can walk by the ocean and watch the sunset. And don't forget the Pettah Market, where you can experience the busy life of the city. These places offer a mix of nature, history, and culture, making them perfect for anyone exploring Sri Lanka.

### **EMERGENCY CONTACT INFORMATION**

1. Police Emergency Hotline : 119 / 118
2. Ambulance / Fire & Rescue : 1990 / 110
3. Accident Service - General Hospital - Colombo : +94 011-2691111
4. Tourist Police (Address: 2b Galle Rd, Colombo) : +94 011-2421052 /  
+9470 137 6963

### **FPA Sri Lanka contact persons**

1. Pathini Anuththara : +94 771 596 301 (Email: pathini@fpasilanka.org)
2. Achini Pahalawatte : +94 768 529 266 (Email: achini@fpasilanka.org)
3. Duminda Rajakaruna : +94 712 412 910 (Email: duminda@fpasilanka.org)
4. Roshela Wijesundara : +94 762 749 873 (Email: edadmin@fpasilanka.org)
5. Radhika Ravinthiren : +94 762 744 634 (Email: governance@fpasilanka.org)

**We look forward to seeing you in Colombo, Sri Lanka.**



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Time : 8.00 am – 5.00 pm (Both days)

Main Event : Lotus Hall

Parallel Sessions,

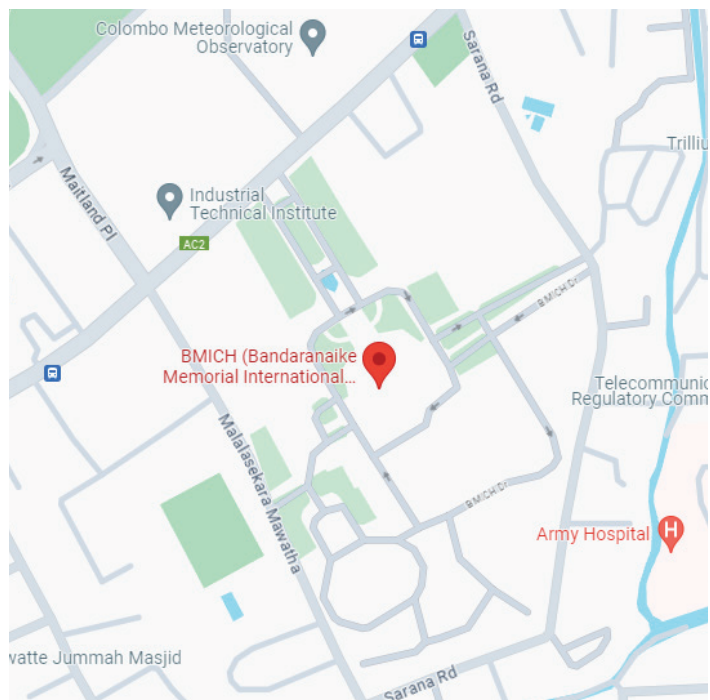
- i. Lavender Hall
- ii. Orchid Hall
- iii. Tulip Hall

Lunch,

- i. Cinema Lounge
- ii. Ruby

Parking,

- Free parking on premises



\*Click on the image to open the map

