

Reaching the unreached: FPA Sri Lanka's Mobile Health Camps

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Access to quality healthcare remains a challenge for many due to time constraints, financial limitations, and lack of awareness. The Family Planning Association of Sri Lanka (FPASL) is addressing this gap through Mobile Health Camps, ensuring essential sexual and reproductive health (SRH) services are brought directly to community and workplaces. This initiative enhances awareness, accessibility, and affordability of healthcare, improving overall well-being and productivity.



Why Well-Woman Screenings and SRH Services Matter

Early detection and prevention of reproductive health issues are crucial in reducing morbidity and improving quality of life. Regular screenings for cervical and breast cancers, STI testing, and family planning services empower individuals to make informed health decisions. By integrating these services into the community and workplace, FPASL ensures that workers, particularly women, receive timely healthcare without disrupting their daily routines.

FPASL partners with key stakeholders, including government health authorities and workplace management, to facilitate seamless service delivery. These collaborations enhance efficiency in laboratory testing, medical consultations, and follow-up care, ensuring high-quality and timely healthcare for all beneficiaries.

The Mobile Health Camps initiative by FPASL is a transformative step toward equitable access to SRH services. By integrating healthcare into community and workplaces, FPASL is not only improving health outcomes but also promoting workforce well-being and economic productivity. Through strategic collaborations, innovative service delivery, and a commitment to community health, FPASL continues to drive impactful healthcare solutions across Sri Lanka



Key Services Offered

Mobile Health Camps provide a range of preventive, diagnostic, and treatment services, ensuring a holistic approach to healthcare.

- Preventive and Screening Services:
 - Well-woman screenings, including breast examinations and PAP smear test
 - HIV and VDRL (Syphilis) testing
 - Fasting Blood Sugar (FBS) and Blood Pressure monitoring
 - Body Mass Index (BMI) assessment
- Sexual and Reproductive Health (SRH) Services:
 - Family planning counselling and services (IUCD, Jadelle, DMPA injection, OCP, Condoms)
 - Sexual and reproductive health consultation including menstrual problems and menopause related issues
 - Gender-based violence (GBV)/intimate partner violence (IPV) screening and counselling
 - Consultations addressing STIs and other reproductive health concerns
- General Medical Consultations:
 - General physical examinations by a Medical Officer
 - Diagnosis and early intervention for health conditions

Additionally, individuals in need of specialized counseling services, including psychological support, can schedule confidential appointments [Physical/Online] at the Alokaya Counselling Centre of FPA Sri Lanka for continued care and support.