

GUIDELINES FOR AUTHORS ON PREPARING AND SUBMITTING VIDEO ABSTRACTS

ReproSex welcomes video abstracts for articles published in the journal. A video abstract is a short, professional video that explains the main message of your paper in a clear and engaging way. It helps your work reach a wider audience, including researchers, practitioners, students, and the general public.

1. General requirements

- 1.Video abstracts may be presented by one or more authors, or developed as infographic, animated, or mixed-format videos.
- 2.Videos may be submitted in English, Sinhala, or Tamil. Authors are encouraged, where possible, to prepare versions in all three languages.
- 3.The tone should be professional, respectful, and easy to understand.
- 4.The recommended length is 5 minutes. The maximum length is 6 minutes.

2. Technical quality

- 1.High-resolution video is preferred.
- 2.Videos may be recorded using a mobile phone, Zoom, another video conferencing platform, a webcam, or a professional camera.
- 3.Please ensure clear sound, good lighting, a stable image, and readable on-screen text.
- 4.Preferred format: MP4. Landscape format (16:9) is recommended.

3. Narration and language

- 1.The narration may be done by one of the authors or by a professional voice artist.
- 2.Speech should be clear, well-paced, and confident. Background noise and echo should be avoided.
- 3.For Sinhala- or Tamil-language videos, English subtitles are encouraged. Subtitles are recommended for all videos where possible.

4. Suggested content

Authors may organise the video in a simple sequence: article title and author names; brief background; study objective; methods; key findings; conclusion or implications; and article citation or DOI at the end.

1. Focus on the article's main message rather than every detail.
2. Keep the presentation simple, clear, and visually clean.
3. Do not include claims or results that are not reported in the published paper.
4. Authors are encouraged, where appropriate, to include the ReproSex logo and simple journal branding in slides, background images, or other communication materials. This is optional and not a compulsory requirement.

5. Ethical and copyright responsibilities

1. The video abstract remains the intellectual property of the author or authors.
2. Authors are responsible for ensuring that the video accurately reflects the published article.
3. No confidential, private, or identifying participant information should be shown without appropriate consent.
4. Any images, graphics, music, or other third-party materials must be original, properly licensed, or used with permission. The author is responsible for obtaining any approval, permission, or legal clearance required for the use of third-party materials, including images, graphics, music, video clips, or voice recordings, if any.
5. By submitting the video, the author grants ReproSex permission to publish, display, and share it on the ReproSex website and official social media platforms for academic and promotional purposes.

6. What to submit

1. Final video file
2. Title and full citation of the published article
3. Name(s) of presenter(s) or narrator(s)
4. Short script or transcript to use in social media
5. Confirmation that all required permissions have been obtained

7. Editorial review

All video abstracts will be reviewed by the editors before publication. The intention of this guidance is to support authors in preparing accessible and professional videos, not to create an unnecessary burden. Clear and simple presentations are welcome.

ReproSex encourages authors to use video abstracts as a practical way to broaden the reach of their research.