

This edition highlights FPA Sri Lanka's recent activities across youth engagement, service delivery, research, advocacy, and systems strengthening, reflecting our ongoing efforts to promote health, dignity, and informed choice for communities across Sri Lanka.



Strengthening Service Delivery Through Shared Learning

Staff from Service Delivery Points, outreach programmes, and Head Office participated in the District Progress Review Meeting, reviewing programme performance, sharing lessons learned, strengthening operational systems, and planning for enhanced service delivery across the country.



Contributing to National Discussions on Low Fertility

FPA Sri Lanka participated in an Expert Group Meeting on Policy Responses to Low Fertility, contributing evidence-based perspectives on Sri Lanka's demographic changes while advocating for policies that uphold reproductive autonomy and respond to youth aspirations.



Engaging in Dialogue on Sri Lanka's Demographic Future

FPA Sri Lanka participated in a dialogue convened by UNFPA with civil society organisations to exchange perspectives on Sri Lanka's evolving social and demographic landscape. The discussion also provided an opportunity to highlight FPA Sri Lanka's work in Sexual Gender Based Violence response, youth engagement, emergency response, and hotline counselling services.



Empowering Vocational Students Through Comprehensive Sexuality Education

The Koggala Service Delivery Point conducted a Comprehensive Sexuality Education programme for 250 new students at the Baddegama Vocational Training Authority, equipping them with accurate information on sexual and reproductive health, family planning, HIV, STIs, and healthy relationships.

Mobile Clinic Highlights Importance of Early Detection

A Well Woman Mobile Clinic conducted by the Kilinochchi Service Delivery Point in Pudumurippu provided breast examinations, Pap smear screening, health education, and referrals. Reflecting on the experience, participants shared:

"The clinic helped identify a serious health concern, and being listened to with care made me feel heard and supported."

"I was hesitant to attend at first, but now I understand the importance of regular screening and want to encourage other women not to delay looking after their health."

The clinic highlighted the importance of accessible healthcare, early detection, and timely referrals in improving women's health outcomes.



Youth Perspectives Inform National Health Strategy

FPA Sri Lanka youth representatives joined the first consultation on the National Adolescent and Youth Health Strategy 2026–2031, at the Family Health Bureau, contributing valuable insights to help ensure the strategy remains inclusive, responsive, and reflective of young people's needs.



Sharing Monitoring Expertise with the Western Provincial Council

The Monitoring and Evaluation Unit conducted a knowledge-sharing session on FPA's Monitoring and Evaluation Information Management System (MEIMS), supporting efforts to strengthen results-based monitoring and establish a dedicated M&E Unit within the Western Provincial Council.



Building Partnerships for Women's Health Research

The Wathupitiwala Service Delivery Point conducted an awareness session for HR representatives from factories in the Wathupitiwala Export Processing Zone on an upcoming study exploring awareness, help-seeking behaviours, and barriers to breast and cervical cancer screening among female factory workers.



Expanding Access to Well Woman Services in Puttalam

The Puttalam Service Delivery Point conducted mobile clinics in Mudalakkuliya and Ihala Uswewa with support from the Anamaduwa MOH, Women's Development Officer, and local women's societies. Women received SRH awareness, Pap smear screening, clinical breast examinations, and Well Woman services, strengthening access to preventive care and early detection within communities.

